

CATAWBA *CARES*

CARE ABOUT CATAWBA PLEDGE

A PLEDGE TO STOP THE SPREAD OF COVID-19

As members of the Catawba community, we pledge to keep learning and we pledge to keep going. We will protect Fair Catawba, My Catawba – *TOGETHER.*

As the effects of the COVID-19 Pandemic impacts us, our friends, our families, and our world, we will work together to protect the health and safety of each member of the Catawba community.

We will protect ourselves.

We will protect our neighbors.

We will protect others.

We will protect our Catawba community.

FAIR CATAWBA, MY CATAWBA.



CARE ABOUT CATAWBA PLEDGE

Being a part of the Catawba community means each of us must take extraordinary steps to stay healthy and protect each other, on campus and in the community. Accountable together, I pledge to take responsibility for my own health, for protecting others, and to help keep the Catawba community safe from the spread of COVID-19 and other infections as identified by Catawba.

I PLEDGE TO:



PROTECT MYSELF

- Monitor for symptoms of COVID-19 and report to a medical professional if I experience a fever of 100.4°F or higher, dry cough, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, or loss of taste or smell.
- Wash my hands often with soap and water or use hand sanitizer.
- Get vaccinated for the flu in the fall.



PROTECT OTHERS

- Maintain appropriate physical distancing, especially in classroom settings or in the presence of older members of the Catawba community.
- Stay home if I feel ill or after exposure to someone who is ill or has tested positive for COVID-19.
- Wear an appropriate face mask and other protective gear as directed by Catawba College or other authority.
- Be positive, attentive, and helpful to anyone around who may be in need of support.



PROTECT OUR CATAWBA COMMUNITY

- Keep my clothing, belongings, personal spaces, and shared common spaces clean.
- Participate in testing and contact tracing to preserve the wellness of the community.
- Carefully observe instructional signs and follow directions.



TOGETHER, WE CARE ABOUT CATAWBA.

Find Catawba College COVID-19 updates at: Catawba.edu/returntocatawba